

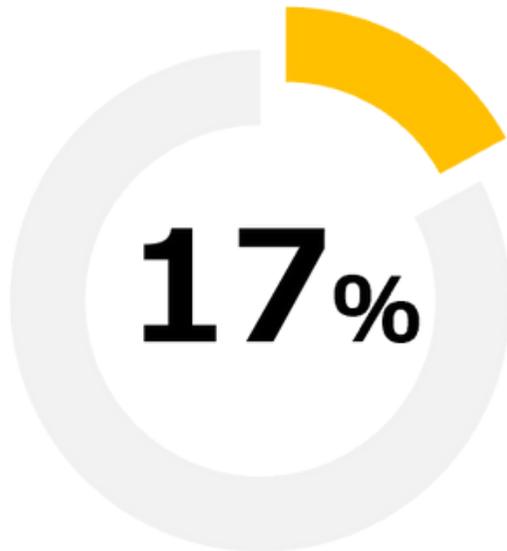
もやしの栄養

-100gあたり-

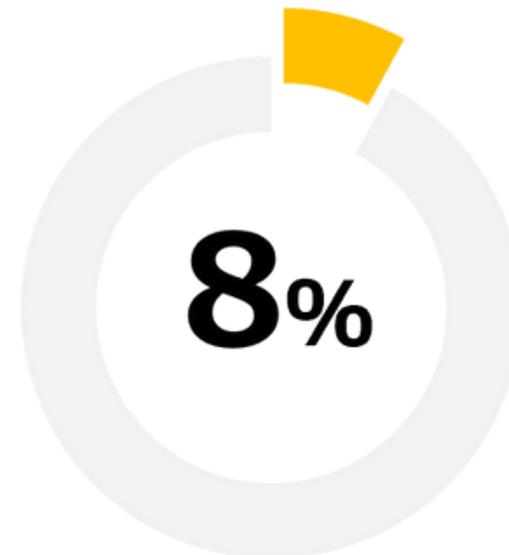


20代女性における充足率

葉酸



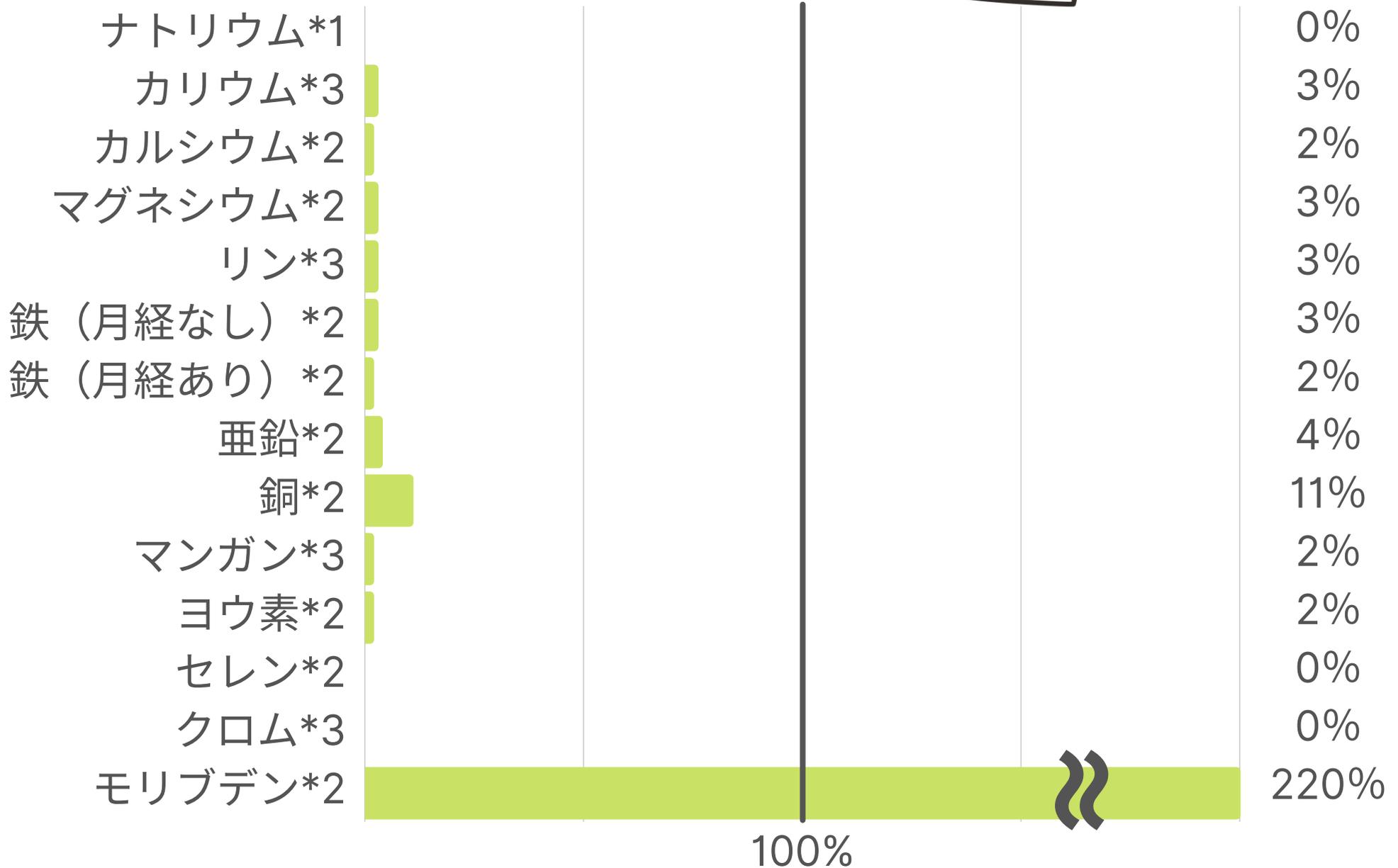
ビタミンC



もやしの栄養 -ミネラル-



充足率



もやしの栄養 -ビタミン-

