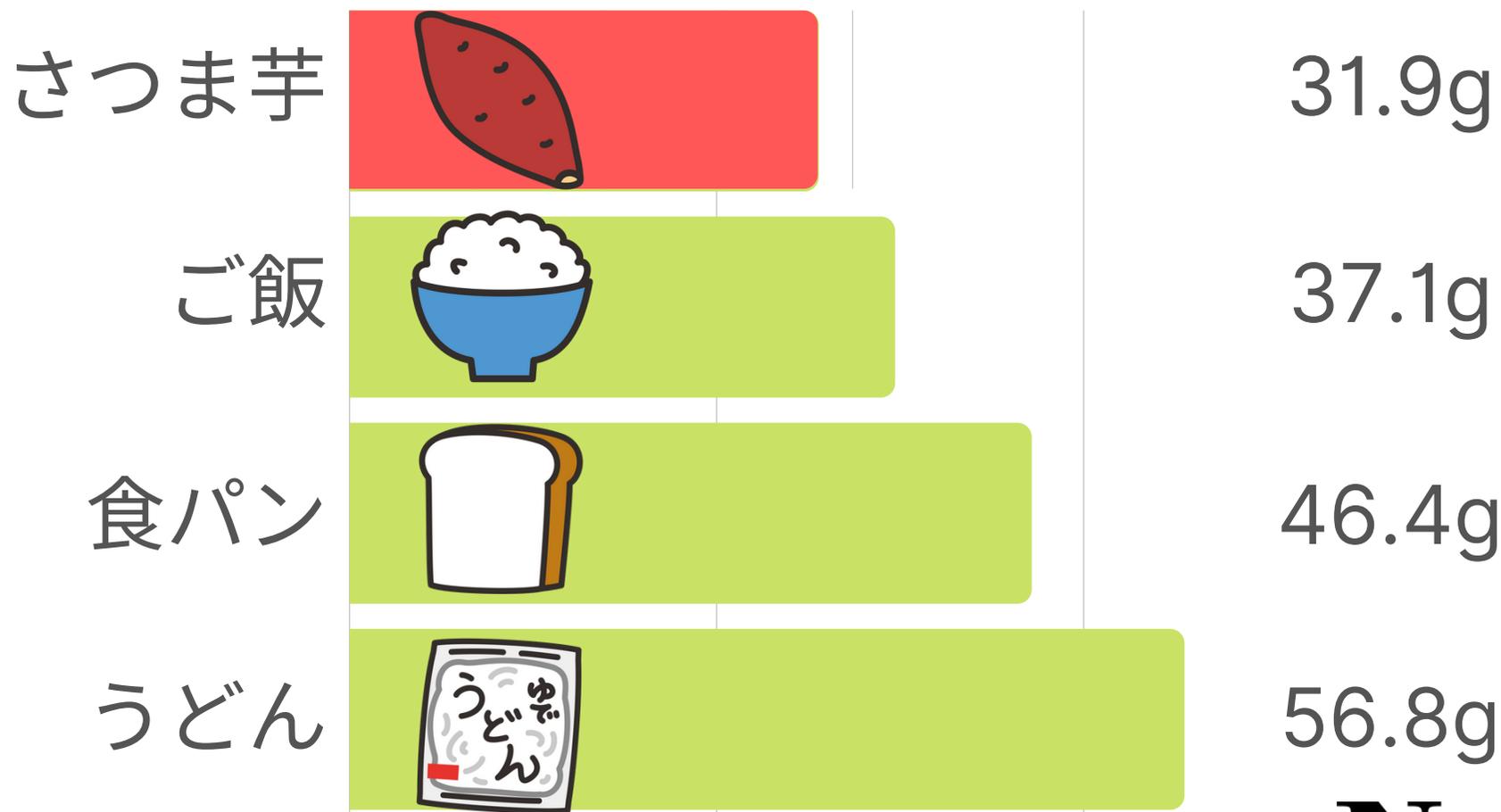
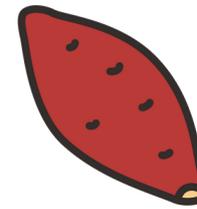


デンプンが多い食品

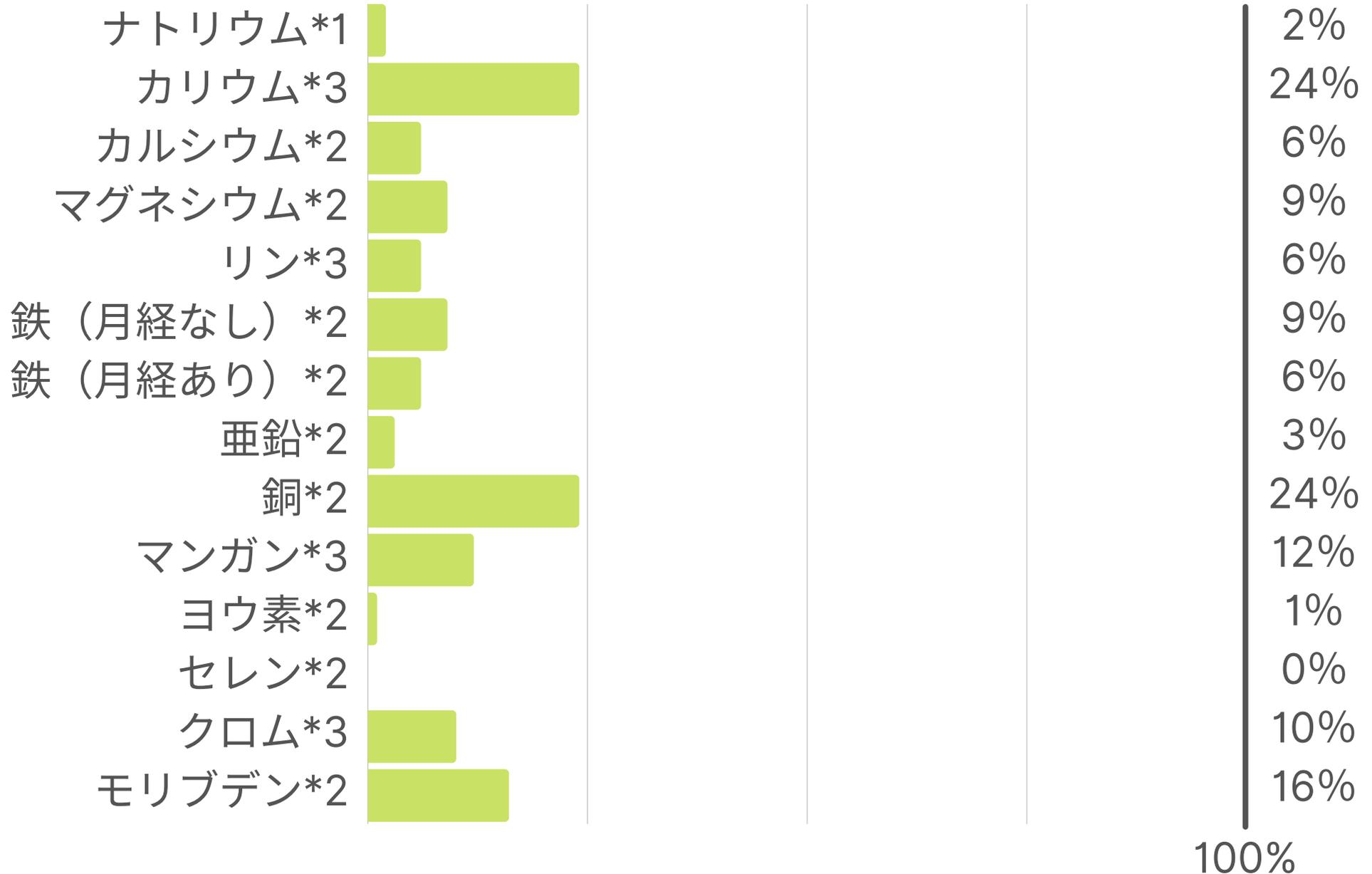
-100gあたり-



さつまい芋の栄養 -ミネラル-



充足率



さつまいの栄養 -ビタミン-

