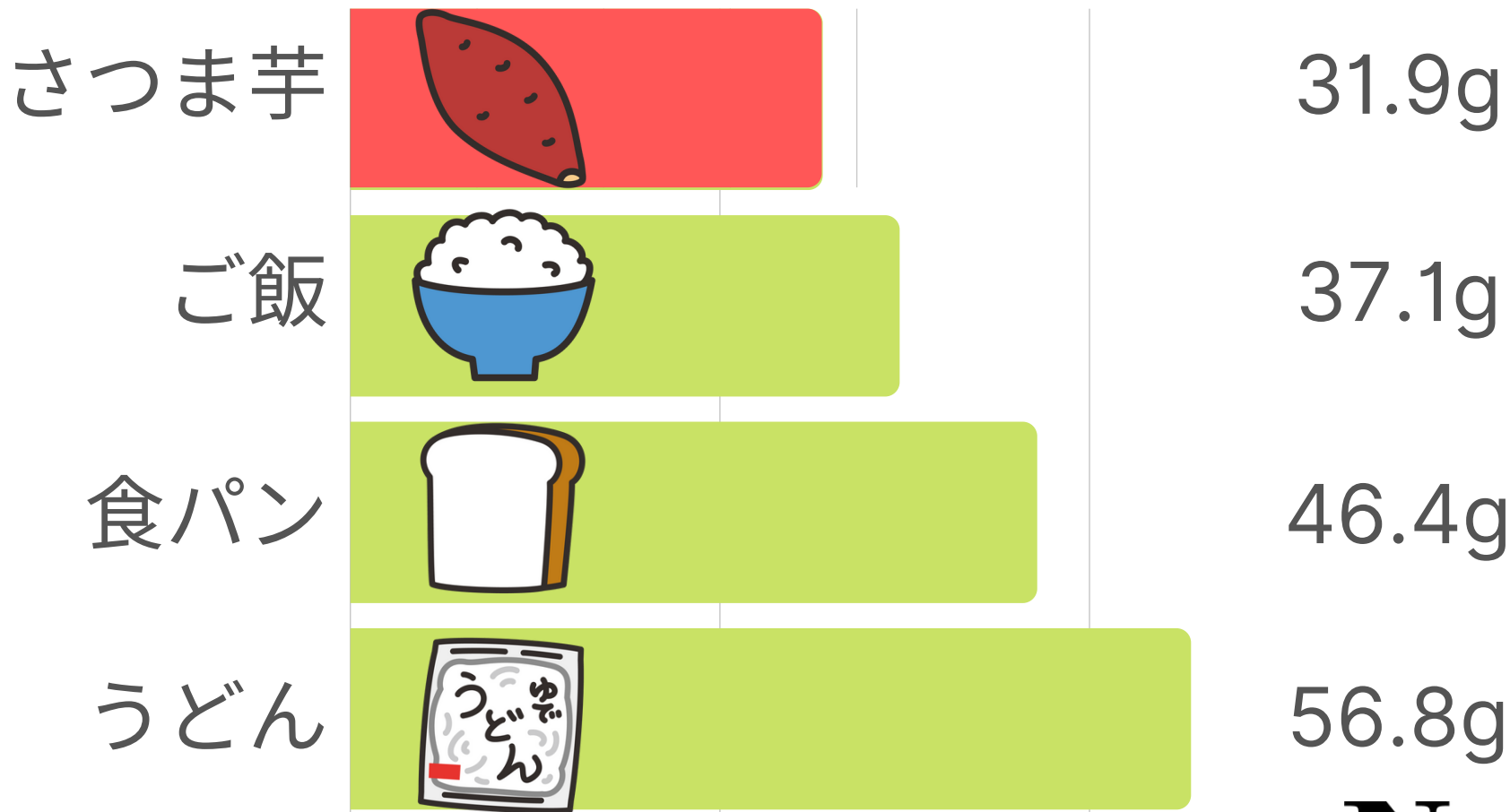


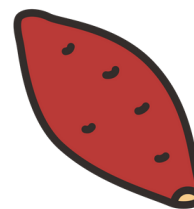
デンプンが多い食品

-100gあたり-

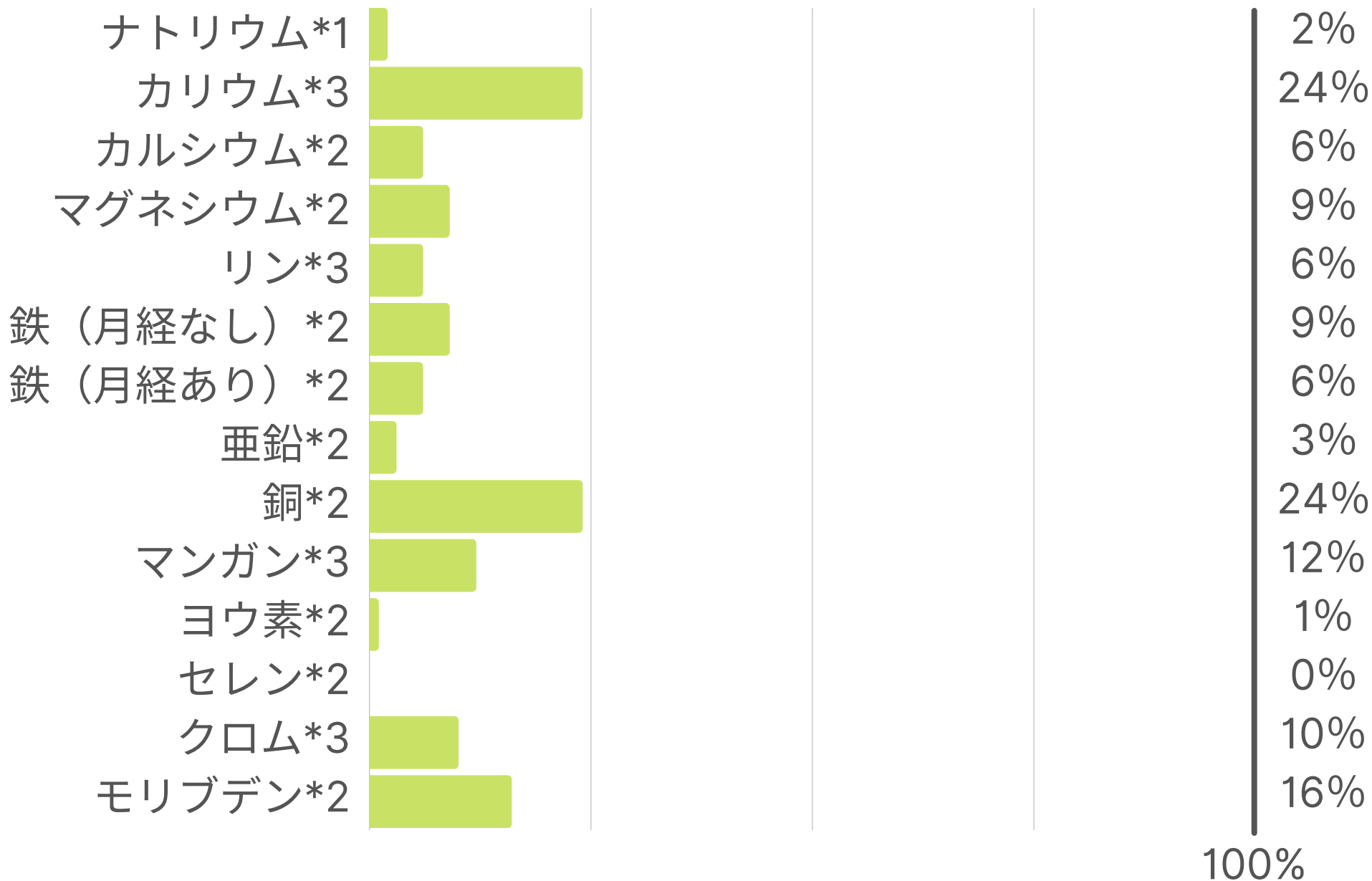


さつまい芋の栄養

-ミネラル-



充足率



さつまいもの栄養 -ビタミン-

