

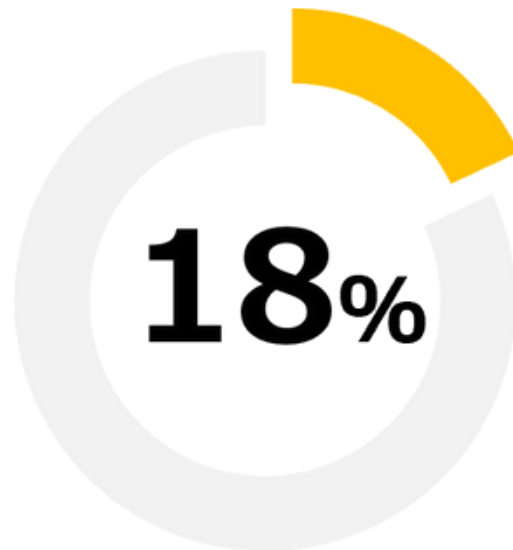
豆乳の栄養

-100gあたり-

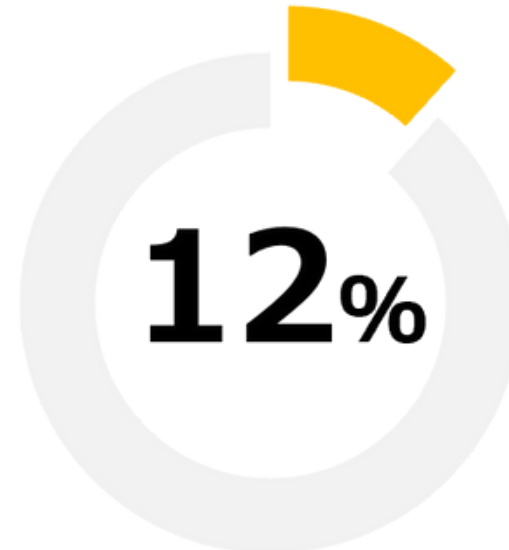


20代女性における充足率

鉄



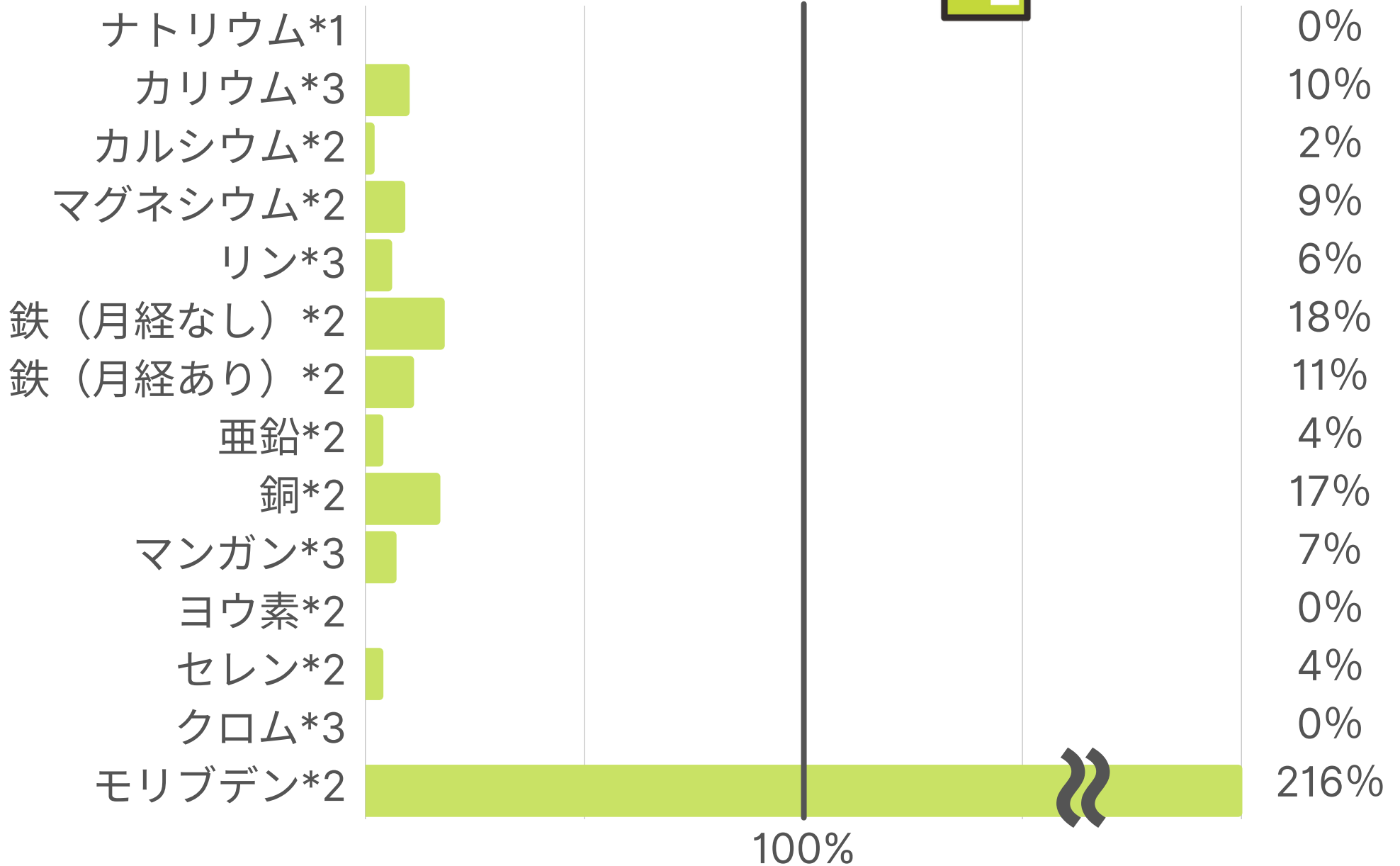
葉酸



豆乳の栄養 -ミネラル-



充足率



豆乳の栄養 -ビタミン-

