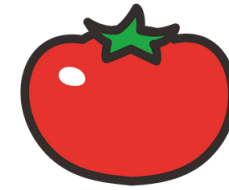


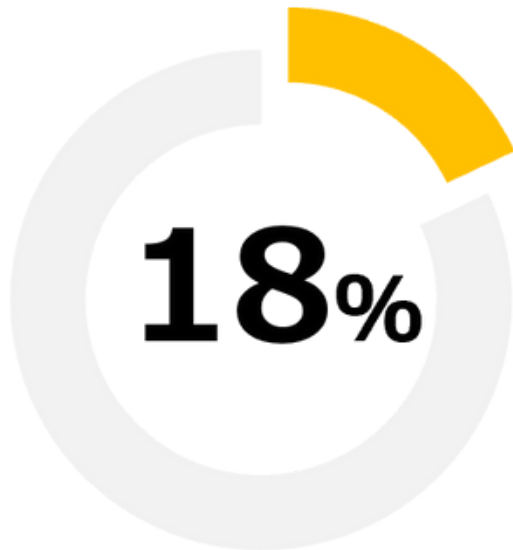
トマトの栄養

-100gあたり-

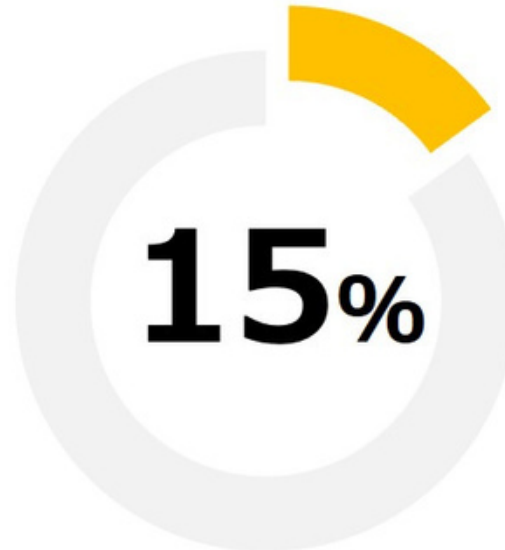


20代女性における充足率

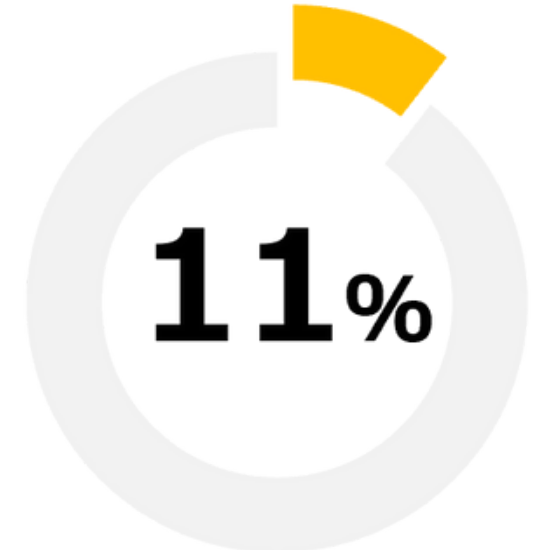
ビタミンE



ビタミンC

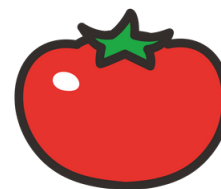


カリウム

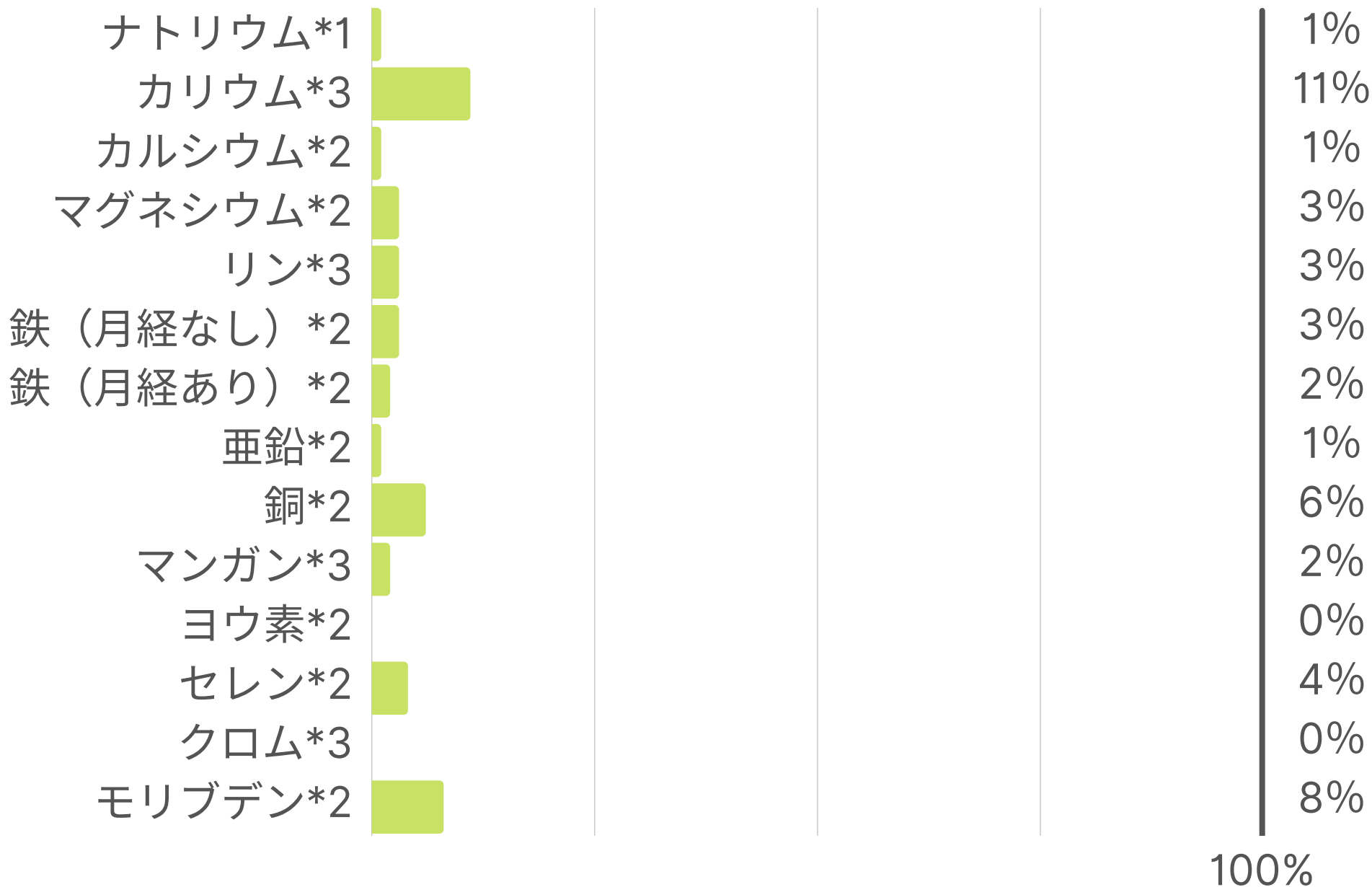


トマトの栄養

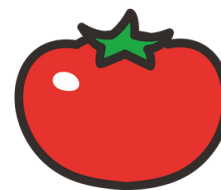
-ミネラル-



充足率



トマトの栄養 -ビタミン-



充足率

