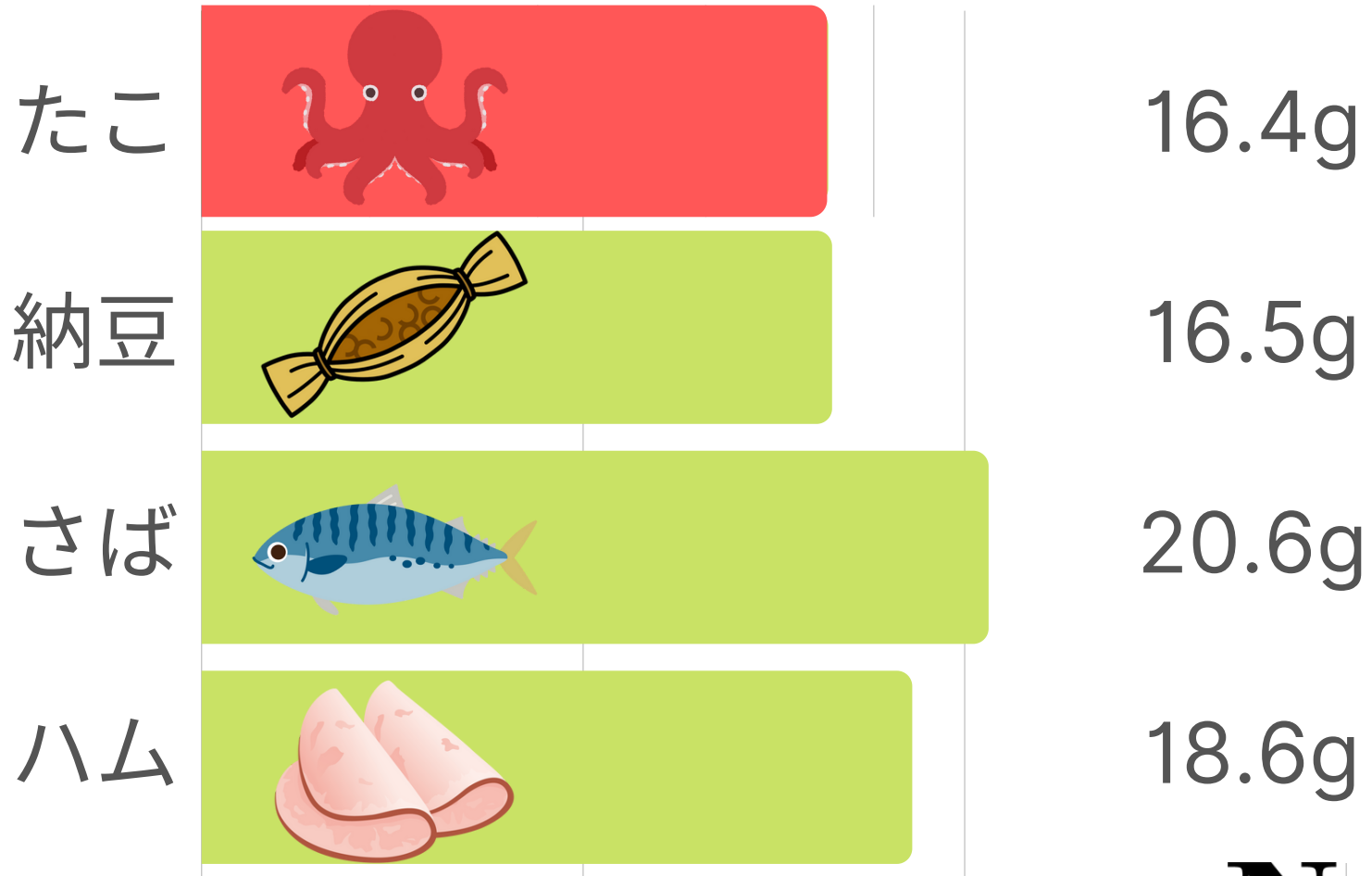
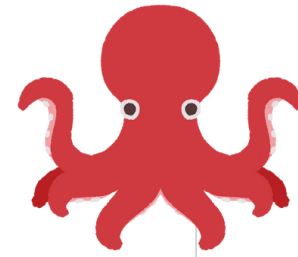


たんぱく質が多い食品

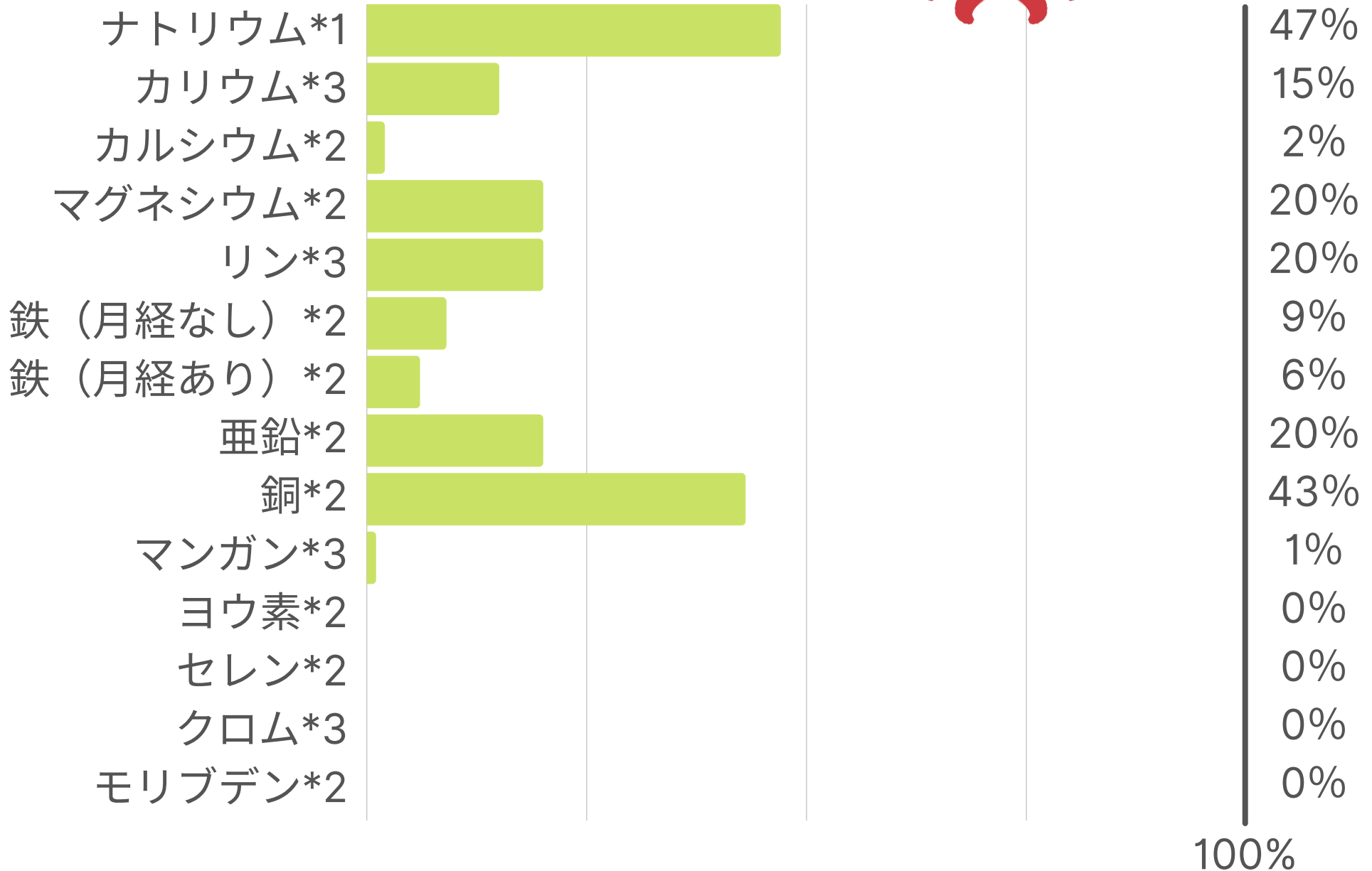
-100gあたり-



たこの栄養 -ミネラル-



充足率



たこの栄養 -ビタミン-

