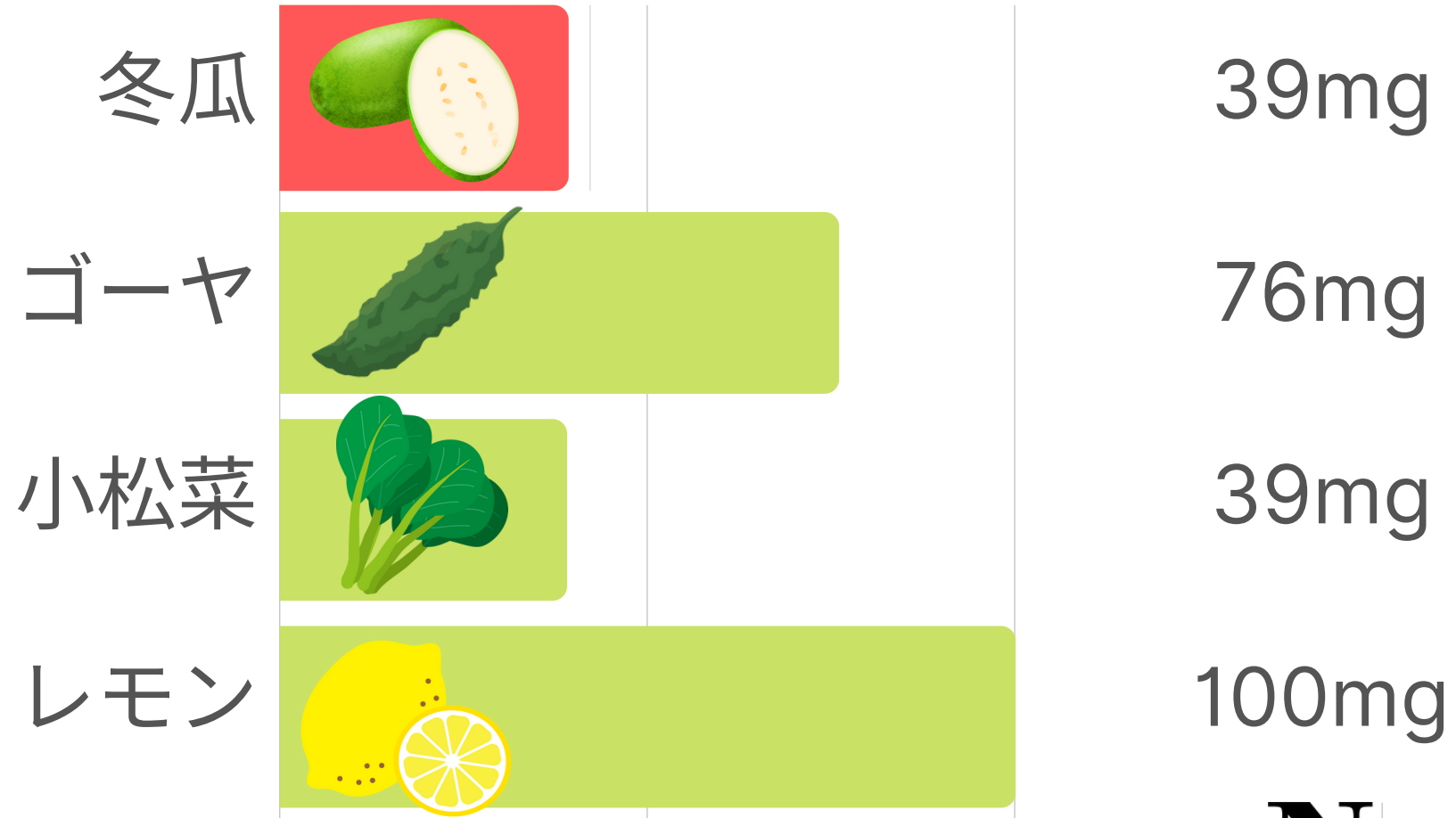
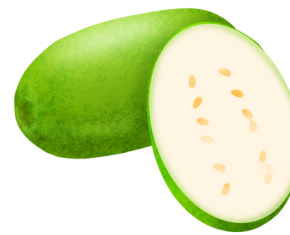


ビタミンCが多い食品

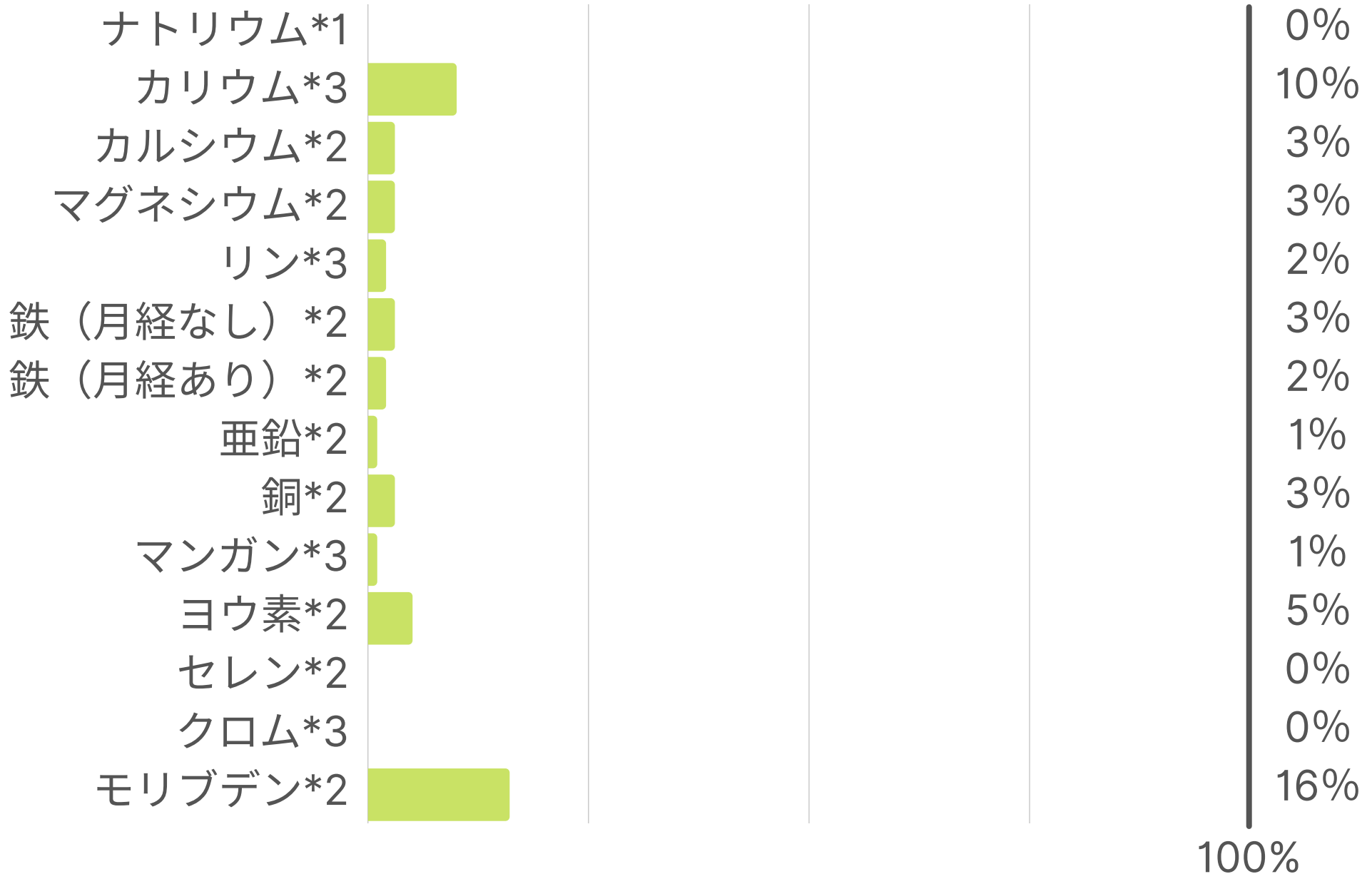
-100gあたり-



冬瓜の栄養 -ミネラル-



充足率



冬瓜の栄養 -ビタミン-

