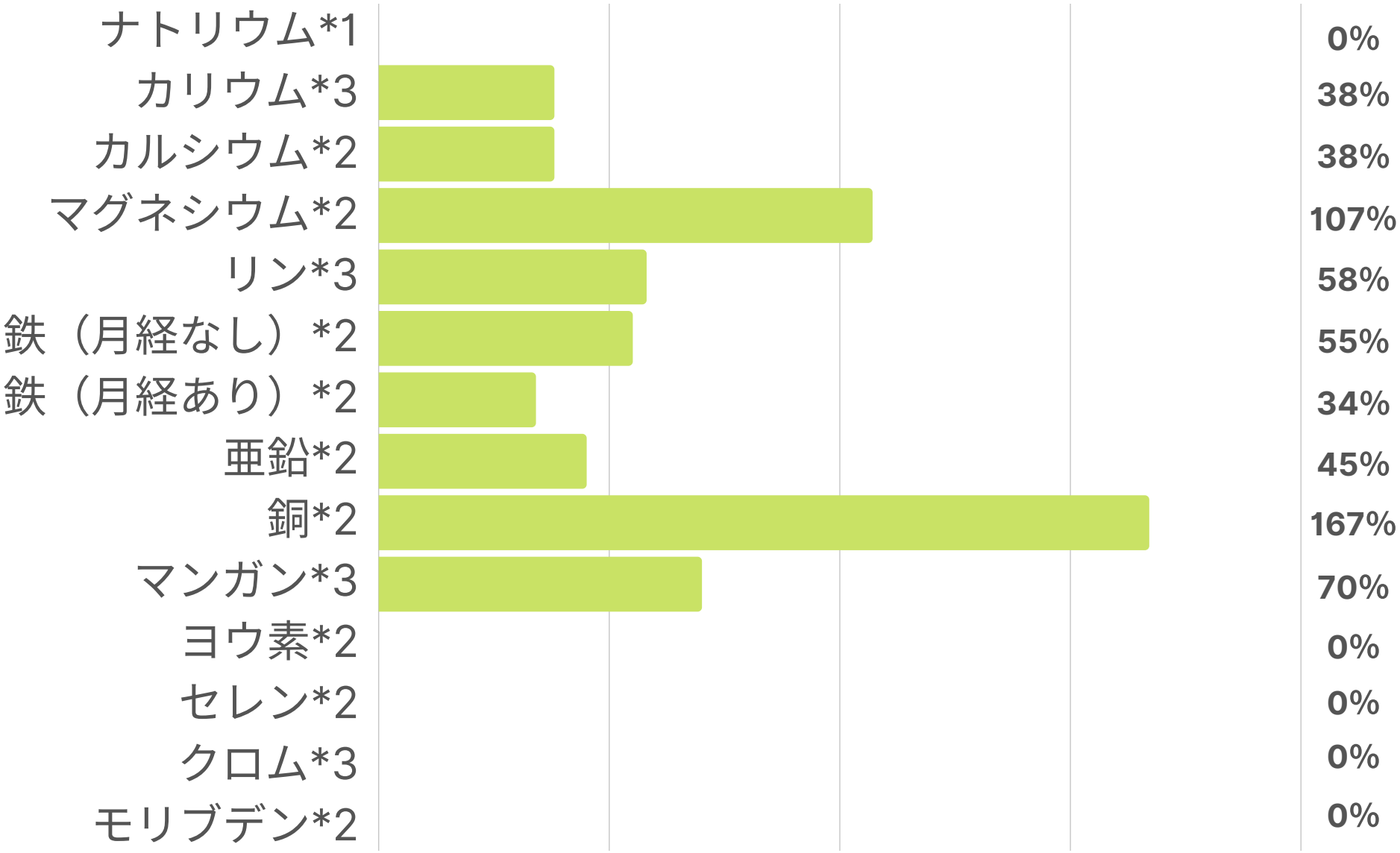
# アーモンドの栄養

## -ミネラル-



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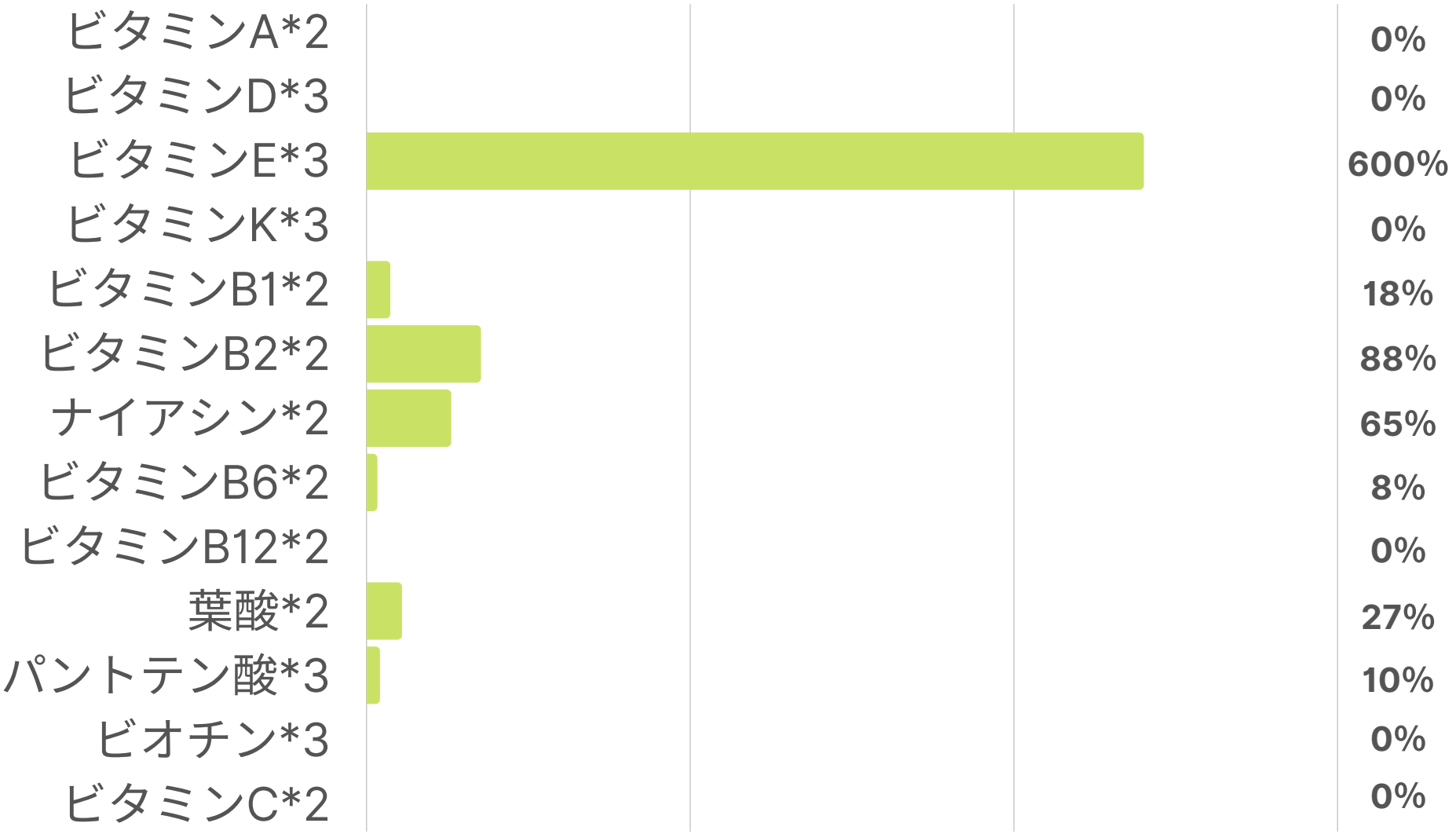
## -ビタミン-